

## The nutrition of the future Part 1 of 4

The nutrition of the future, it is important that the individual earth citizen wants to become aware of the consequences of it, if the nutrition takes a path that separates and destroys even more, causes more desert, causes more suffering, even more wars, causing even more destruction of livelihoods, causing even more chaos, causing even more garbage mountains.

- So what kind of life orientation can the individual citizen of the earth choose so that he can go the way to the better? This means that he should choose the path that offers a practical orientation and, at the same time, a solution that will make it possible for a better and safer or safer future, that this becomes possible, and a life orientation that can also be lived together.

- One possibility is that the individual citizen, whether a community citizen or a citizen of the earth, he can orient to try to see the repercussions to solve the problems by better causes. Or he recognizes the problem, for example: that the desert is growing and what he can do to solve this problem or that the desert is not growing so fast anymore. He can plant trees; he can take care of nature and he can also examine whether an artificial irrigation is necessary. He can make an effort to improve the humus soil, that more rainwater can be, that the soil does not dry out so quickly (the process by which fertile land becomes a desert, typically as a result of drought, deforestation or inappropriate agriculture).

- Every citizen of Earth can do many things that are materially an improvement, but in many cases he cannot always or not very well (more or less) recognize the repercussions of his actions.

- The other possibility is that he not only knows the causes and repercussions, but also that he knows the way of the solution, how he can be lived in harmony with the truth, for example, when it comes to desertification, it could be that too many people have already exhausted their resources. Too many earthlings have used too much soil and too many nutrients, so that the fertility of the earth can no longer be enough for all people. Because of sprays, soil compaction and many other toxins that are already present in the air, which are already present in the water and in the soil through the water cycle, it is no longer possible for so many people to eat healthily.

- It is no longer so easy that the problems can be solved 100% as long as the natural balance only by ignorance and many symptom treatments are blocked.

The terms of use apply.